

## WATER-BASED TOURISM

### JOB TITLE

# Lifeguard

### JOB DESCRIPTION

Lifeguards monitor and ensure safety in the aquatic facility by preventing and responding to any emergencies. They identify potential risks, advise individuals on proper behaviour and dangerous zones, conduct life-saving techniques such as first aid and supervise activities of the general public.

### KNOWLEDGE AREAS

- First aid
- Health, safety and hygiene legislation
- Security threats

### SOFT SKILLS

- Creating verbal instructions
- Ability to function under conditions of stress
- Ability to work and co-operate with others as part of a team
- Precision to detail
- Ability to take initiatives and make decisions
- Exercising control
- Problem solving
- Supervision & reliability
- Ability to adapt to different situations, environments and people
- Empathy
- Prioritising
- Self-confidence

### HARD SKILLS

- Swimming skills
- Provide swimming lessons
- Provide first aid
- Orientation & navigation
- Practice vigilance
- Rescue swimmers
- Assist emergency services
- Contribute to the safeguarding of children
- Maintain clean and organised material
- Manage emergency evacuation plans
- Manage major incidents
- Operate radio equipment
- Restrain individuals

### COMMENTS

To see if and how this occupation is regulated in EU Member States, EEA countries or Switzerland please consult the ESCO occupations pillar in the following link: <https://esco.ec.europa.eu/en/classification/occupation>