

WATER-BASED TOURISM

JOB TITLE

Lifeguard Instructor

JOB DESCRIPTION

Lifeguard instructors teach future (professional) lifeguards the necessary programmes and methods needed to become a licensed lifeguard. They provide training on safety supervision of all swimmers, assessment of potentially hazardous situations, rescue-specific swimming and diving techniques, first aid treatment for swimming-related injuries and they inform students on preventative lifeguard responsibilities.

KNOWLEDGE AREAS

- First aid
- Assessment processes
- Curriculum objectives
- Health, safety and hygiene legislation
- Law enforcement

SOFT SKILLS

- Adaptability to team's capabilities
- Providing constructive feedback
- Skills assessment
- Precision to detail
- Flexibility
- Encouraging team members to acknowledge their achievements
- Ability to motivate
- Self-confidence
- Creative & innovative thinking
- Ability to work and co-operate with others as part of a team
- Conflict resolution
- Managing team performance
- Providing guidance to a team
- Exercising control

HARD SKILLS

- Apply teaching strategies
- Provide advice on safety measures
- Swimming skills
- Provide first aid
- Educate on emergency management
- Ensure public safety and security
- Test safety strategies
- Demonstrate when teaching
- Teach law enforcement principles
- Keep records of attendance
- Manage emergency evacuation plans
- Manage resources for education purposes

COMMENTS

To see if and how this occupation is regulated in EU Member States, EEA countries or Switzerland please consult the ESCO occupations pillar in the following link: <https://esco.ec.europa.eu/en/classification/occupation>